

# Cafeteria menu *at* Russell Medical Center



## *Cafe Hours*

Mon- Fri Breakfast 6:30am - 9:30am / Lunch 11:00am - 1:30pm  
Sat and Sun.

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Closed for Supper

Menu subject to change without notice

### Feb. 21-27

**Sunday:** Baked Porkchops, Meatloaf, Fried Okra, Blackeyed Peas, Cabbage, Mashed Potatoes & Gravy

**Monday:** Ribeye Steak, Fried Pork Chop, Baked Potato, Field Peas, Butter Beans, Brussel Sprouts

**Tuesday:** Grilled Chicken Fingers, BBQ Ribs, Potato Wedges, Baked Beans, Green Beans, Cabbage and Onion Rings

**Wednesday:** Taco Salad, Fried Tilapia, Hushpuppies, White Rice, Pinto Beans, Green Beans and French Fries

**Thursday:** BBQ Porkchops, Chicken Fried Steaks, Mashed Potatoes, Gravy, English Peas, Squash

**Friday:** Whole Catfish, Chicken Pot Pie, Hushpuppies, Broccoli, Cheesesauce, Shoepeg Corn, Fries, Coleslaw

**Saturday:** Corn Dogs, Sloppy Joes, Corn, Greenbeans, French Fries

### Feb. 28-Mar. 6

**Sunday:** Baked Chicken, Beef Stew, Rice, Black-Eyed Peas, Cream Corn, Squash

**Monday:** Fried Chicken Fingers, Patty Melt Okra & Tomatoes, Broccoli, Cheesesauce, Corn Nuggets, French Fries

**Tuesday:** Cajun Baked Chicken, Roastbeef, Roasted Potatoes, Blackeyed Peas, Macaroni & Cheese, Turnip Greens

**Wednesday:** Hamburger Steak, Chicken & Dumplins, Brown Gravy, White Rice, Fried Okra, Broccoli, Cheesesauce

**Thursday:** BBQ Pork Chops, Meatloaf Mashed Potatoes, Gravy, English Peas, Fresh Squash

**Friday:** Fried Catfish Fillet, Italian Porkloin Hush Puppies, Greenbeans, Glazed Carrots, Blackeyed Peas, French Fries, Cole Slaw

**Saturday:** Chicken Fingers, Hamburger, Baked Beans, Corn Nuggets Green Beans, French Fries

### Mar. 7-13

**Sunday:** Fried Chicken, Roastbeef w/Au Jus Roasted Vegetables/Potatoes, Greenbeans, Fried Okra, Cream Corn

**Monday:** BBQ Chicken, Savory Beef Stew, White Rice, Cabbage, Greenbean Casserole, Vegetable Medley, Baby Limas

**Tuesday:** Fried Porkchops, Smothered Chicken, Corn O' Brian, Black-eyed Peas, Turnip Greens, Onion Rings

**Wednesday:** Chicken Fried Steak, Blackened Catfish, Okra & Tomato, Purple Hull Peas, Mashed Potatoes & Gravy, Sweet Potato fries

**Thursday:** Fried Chicken, Boston Butt, Fried Okra, Butter Beans, Cream Corn, Collard Greens

**Friday:** Fried Catfish Strips, Spagehetti Casserole, Northern Beans, Broccoli, Cheesesauce, Fries, Mixed Veg., Hush Puppies

**Saturday:** Grilled Cheese, Hotwings, French Fries, Chef's Choice, Tomato Soup

## Theme Bar

	Monday:	Tuesday:	Wednesday:	Thursday:	Friday:
Feb. 22-26	Mini Pizza	Gourmet Grilled Cheese Lobster Bisque	Cordon Bleu Black & Bleu	Chicken Quesadilla	BLT & Fries
Mar. 1-5	Prime Rib	Philly Steak	Cesar Salad	Chicken Sandwich	Reuben/Fries
Mar. 8-12	Shrimp Po-Boy	Beef Brisket	Burger Bar	Burrito Bar	Wings & Fries

## BREAKFAST MENU

Sausage Patties, Sausage Links, Bacon, Grits, Eggs, Biscuits, Ham, Oatmeal, Hash Browns, Boiled Eggs, Country Gravy, Cheese Grits

### Soups

Chefs Choice